

AIM: Reduce the Incidence of Harm from Adverse Drugs Events (ADEs) due to High-Alert Medications (HAMs) by 50% by 12/31/13

Primary Driver	Secondary Driver	Change Ideas
Awareness, Readiness & Education	<ul style="list-style-type: none"> <li>Assess organizational capacity, readiness, and willingness to implement systems to prevent ADEs</li> <li>Create awareness of HAMs most likely to cause ADEs</li> </ul>	<ul style="list-style-type: none"> <li>Use Institute for Safe Medical Practices assessment tool<sup>1</sup></li> <li>Assess clinical staff knowledge (pre-test); Educate; 6 week post test; Target gaps<sup>2,3</sup></li> <li>HAMs – Insulin, Anticoagulants/Antithrombotics, Narcotics, sedatives</li> </ul>
Standardized Care Processes	<ul style="list-style-type: none"> <li>Implement ISMP quarterly action agendas where appropriate<sup>i</sup></li> <li>Develop standard order sets using safety principles and MD and pharmacist input.</li> <li>Allow nurses to administer rescue drugs based on protocol without obtaining physician approval</li> <li>Sequence implementation by drug class</li> </ul>	<ul style="list-style-type: none"> <li>Review key literature <sup>4,5,6,7,8</sup></li> <li>Analyze local ADE data to guide focus<sup>9</sup></li> <li>Use IHI “How to Guides” and “Knowledge Center” <sup>10</sup> and ISMP guidelines<sup>ii</sup></li> <li>Pick HAM drug class with highest priority to begin practice implementation instead of tackling all simultaneously</li> <li><b>INSULIN:</b> Reduce sliding scale variation (or eliminate sliding scales)</li> <li><b>INSULIN:</b> Coordinate meal and insulin times</li> <li><b>ANTICOAGULANTS:</b> Use protocol to discontinue or restart warfarin peri-operatively</li> </ul>
Avoidance of Errors During Care Transitions	<ul style="list-style-type: none"> <li>Implement effective medication reconciliation processes</li> <li>Where appropriate, create ambulatory clinics for HAM follow-up</li> </ul>	<ul style="list-style-type: none"> <li>Reconcile all medications at each transition</li> <li>Use flowsheets that follow the patient through the transitions of care (not unit based but patient based)</li> <li><b>INSULIN:</b> Require new insulin orders when patient is transitioned from parenteral to enteral nutrition</li> <li><b>ANTICOAGULANTS:</b> Transition patients to ambulatory warfarin clinics</li> </ul>

<sup>i</sup> Website. Retrieved at <http://www.ismp.org/Newsletters/acutecare/actionagendas.asp>

<sup>ii</sup> Website. Retrieved at <http://www.ismp.org/Tools/guidelines/default.asp>

<p>Decision Support</p>	<ul style="list-style-type: none"> <li>• Include pharmacists on rounds</li> <li>• Monitor overlapping medications given to a patient</li> </ul>	<ul style="list-style-type: none"> <li>• Use alerts for dosage limits. Don't overuse alerts.</li> <li>• <b>ANTICOAGULANTS:</b> Use pharmacists to assist with identification of alternatives when contraindications exist</li> <li>• <b>ANTICOAGULANTS:</b> Have pharmacists perform independent double-checks of all VTE prophylaxis orders</li> <li>• <b>NARCOTICS/SEDATIVES:</b> Use alerts to avoid over-sedation and respiratory arrest (with/without an Electronic Medical Record)</li> <li>• <b>NARCOTICS/SEDATIVES:</b> Use alerts to avoid multiple Rxs of narcotics/sedatives</li> </ul>
<p>Prevention of Failure</p>	<ul style="list-style-type: none"> <li>• Minimize or eliminate nurse distraction during the medication administration process</li> <li>• Standardize concentrations and minimize dosing options where feasible</li> <li>• Timely lab results with effective system to ensure review and action</li> <li>• Use non-pharmacological methods of pain and anxiety management where appropriate</li> <li>• Identify "look-alike, sound-alike" medications and create a mechanism to reduce errors (e.g., different locations, labels, alternate packaging)</li> </ul>	<ul style="list-style-type: none"> <li>• Adopt an organization wide definition and understanding of the practice of an "independent double-check", then perform independent double-checks on all HAMs</li> <li>• Use the "Cone of Silence" during medication administration</li> <li>• Use visual cues (HAM specific bedside flags)</li> <li>• <b>INSULIN:</b> Allow patient management of insulin where appropriate</li> <li>• <b>INSULIN:</b> Set limits on high dose orders</li> <li>• <b>ANTICOAGULANTS:</b> Use pre-packaged heparin infusions; reduce the number of heparin formulations in the hospital</li> <li>• <b>ANTICOAGULANTS:</b> Use low molecular weight heparin or other agents instead of unfractionated heparin whenever clinically appropriate</li> <li>• <b>ANTICOAGULANTS:</b> Make lab results available within 2 hours</li> <li>• <b>ANTICOAGULANTS:</b> Perform automatic nutrition consults for all patients on warfarin to avoid drug-food interactions</li> <li>• <b>NARCOTICS/SEDATIVES:</b> Use a table of drug to drug conversion doses</li> <li>• <b>NARCOTICS/SEDATIVES:</b> Use fall</li> </ul>

		<p>prevention programs</p> <ul style="list-style-type: none"> <li>• <b>NARCOTICS/SEDATIVES:</b> Use dosing limits</li> <li>• <b>NARCOTICS/SEDATIVES:</b> Use sedation scales to guide dosing in ALL care areas</li> </ul>
Identification and Mitigation of Failure	<ul style="list-style-type: none"> <li>• Educate patients/families regarding risk of ADEs from ‘their’ HAMS</li> <li>• Administer medications on time</li> <li>• Analyze dispensing unit override patterns</li> <li>• Transition to “Culture of Safety” environment for improved error analysis</li> <li>• Prompt real time learning from each failure</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor, understand, and mitigate medication administration delays</li> <li>• Assess culture with Agency for Healthcare Research and Quality Culture of Safety survey <sup>11</sup></li> <li>• Use an error reporting system that aggregates data to identify and redesign error prone processes</li> <li>• Use technology to alert (real time) key staff when rescue drug administered</li> </ul>
Smart Use of Technology	<ul style="list-style-type: none"> <li>• Use ‘smart pumps’</li> <li>• Understand errors that can occur from Patient Controlled Analgesic devices and other medication delivery devices</li> <li>• Use alerts wisely</li> <li>• Use data/information from alerts and overrides to redesign standardized processes</li> <li>• Link order sets to recent lab values or other monitoring parameters.</li> </ul>	<ul style="list-style-type: none"> <li>• Educate staff regarding unintended consequences of device use/failure</li> <li>• Use the proper level of alerts with forcing functions and stops for drug, allergy and diagnosis interactions</li> <li>• Do not allow alert overrides without a documented reason <sup>12</sup></li> </ul>

<sup>1</sup> 2011 Institute for Safe Medication Practices (ISMP) Medication Safety Self Assessment® for Hospitals. Retrieved at <http://ismp.org/selfassessments/Hospital/2011/pdfs.asp>

<sup>2</sup> Hsaio et al, Nurses’ knowledge of high-alert medications: instrument development and validation, Journal of Advanced Nursing 66(1), 177-190

<sup>3</sup> Lu, M.-C. et al, Nurses’ knowledge of high-alert medications, A randomized controlled trial, Nurse Educ. Today (2011)

<sup>4</sup> Institute for Healthcare Improvement High-Alert Medication Safety (Improvement Map). Retrieved at <http://app.ihc.org/imap/tool/#Process=b8541097-7456-4aab-a885-38c31950e6bf>

<sup>5</sup> Institute for Safe Medication Practices High-Alert Medications . Retrieved at <http://ismp.org/Tools/highAlertMedications.asp>

<sup>6</sup> California Hospital Association Medication Safety Committee High Alert Medication Guidelines for Select Anticoagulants. Retrieved at [http://www.cshp.org/uploads/file/Shared%20Resources/2012/guideline\\_anticoagulants\\_2.21.12.pdf](http://www.cshp.org/uploads/file/Shared%20Resources/2012/guideline_anticoagulants_2.21.12.pdf)

<sup>7</sup> Federico, Preventing Harm from High-Alert Medications, The Joint Commission Journal on Quality and Patient Safety, 33(9), 537-542.

<sup>8</sup> Graham et al, Implementation of a High-Alert Medication Program, The Permanente Journal 12(2), 15-22.

<sup>9</sup> Stavroudis et al, NICU medication errors: identifying a risk profile for medication errors in the neonatal intensive care unit, Journal of Perinatology (2010) 30, 459-468.

<sup>10</sup> Institute for Healthcare Improvement High-Alert Medication Safety Knowledge Center. Retrieved at <http://www.ihc.org/explore/HighAlertMedicationSafety/Pages/default.aspx>

<sup>11</sup> Agency for Healthcare Research and Quality Hospital Survey on Patient Safety Culture. Retrieved at <http://www.ahrq.gov/qual/patientsafetyculture/hospindex.htm>

<sup>12</sup> Miller et al, Bar code Medication Administration Technology: Characterization of High-Alert Medication Triggers and Clinician Workarounds, The Annals of Pharmacotherapy 2011 Feb Vol 45, 162-168.